

	Level 1	Level 2	Level 3	Level 4
Technique 5 PTS TOTAL	En garde - off balance, feet and/ or knees very skewed or out of position Footwork is different sizes Balance shifts in footwork, lunge is awkward and off balance. Falls over at end of lunge Foil held incorrectly Tip out of position Bladework is big, awkward and uncontrolled Control of Distance/Frame is not evident	En Garde in balance but out of position, or off balance and in position Feet shift from correct to incorrect Balance is ok at slower pace Lunge is short, or too long or both Foil is held incorrectly Tip is in and out of position Bladework is awkward Distance is ok, but late on reacting	En Garde is mostly balanced with only one or two things out of position Feet move reasonably correctly Balance is ok unidirectional – loss of balance on direction change Lunge is correct, but either short or too long Foil is held correctly, but blade work is not clean Distance is ok	Balanced 5 point En Garde position balance is centered and feet are positioned correctly, knees over feet. Footwork is controlled Able to maintain balance Uses the frame concept and keeps distance Foil is held correctly, firmly but soft. Blade work is clean and movement of blade is controlled and reasonable
POINTS	2	2	4	5
Tactical 5 POINTS TOTAL	Attacks at random times with little connection to opponent; Defense is random. Doesn't use Distance to either defend or score ½ steps non – existent.	Defends correctly, but still attacks at random times Distance is used, but is either too close or too far ½ steps not used, though understood	Offense and defense is more controlled at slower pace. Distance is controlled at slower pace ½ step is used but not effective	Executes offensive and defensive actions at right moment Distance is controlled at all paces Uses footwork to set up attacks or to get away. Understands use of ½ retreat

This is the grid that I will use to evaluate your fencing skills.