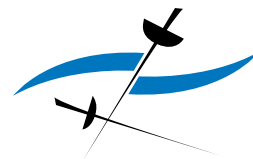


Golden Gate Fencing Center



The Team Training program is for athletes whose goals include fencing in college and at the national or international level.

The product of over 100 years of coaching experience, including US National and Olympic Coaches Mike Pederson (Beijing 2008) and Paul Soter (Athens 2004), this program challenges athletes to achieve individual excellence in a positive and supportive team environment. With over 20 years of national and international success, Team Training fencers and coaches have represented GGFC at National Championships, NCAA Championships, World Cups, and the Olympics.

NCAA and Collegiate Club Fencers:

Stanford: Eliza Klyce, Thomas White

Princeton: Nathaniel Sulat, Hannah Safford

Harvard: Sarah Tillman, Sarah Rosenberg-Wohl

Cornell: Logan Kahl, Michael Cirillo

US Airforce Academy: Cameron Sullivan, Julie Nokleberg

Brown: Jeremy Zeitlin, Sam Koch, Sofija Podvisocka

Notre Dame: Arthur Le Meur, Phenix Messersmith

Northwestern: Stephanie Chan, Anya Harkness, Emma Scala

Lawrence: Bea Gee

Duke: Tara Mullen-Boustiha

UC-San Diego: Karen Chiem, Emma Zmurk

UC-Berkeley: Dylan Bethel, Grace Neveu

UC-Santa Barbara: Joseph Alderson

USF: Eric Hansen

RISD: Tais Mauk

NYU: Ben Schroeder, Gabe Bronfman

U Chicago: Simon Chanezon

Washington University at St. Louis: Alex Gray

National Champions and Finalists:

Bea Gee, Henry Mattingly, Emma Scala, Eliza Klyce, Emma Zmurk, Cameron Sullivan, Sam Koch, Bronwyn Hall (US Pentathlon), Anna Estrada, Alex Gray.

Schedule:

Monday: 5:30pm - 8:00pm

Tuesday: 7:00pm - 9:00pm

Wednesday: 5:30pm - 8:00pm

Saturday: 10:30am - 1:00pm

Cost: \$550 per month (July fees waived after 10 months in program)

Includes:

- 8-10 lessons per month
- Discounts on the purchase of additional lessons.
- Individual Season Training Plan
- Strength and Conditioning
- Group Lessons
- Coaching at designated local tournaments
- Personal Locker at GGFC
- College fencing guidance including letters of recommendation, recruiting plan, and introductions to college coaches
- Parent-Athlete meetings
- Discounts on GGFC Camps and activities
- Priority focus from the GGFC coaches.

